



Evening Open Meeting

Programme –Tuesday 24th September 2024
(Held under UKA Competition Rules)

Thanks to everyone who has supported the 2024 Exeter Harriers Evening Open Meetings

Track Start time of track events are a guideline and will depend on number of entries.

Time	Event	Age
6.10	75m	U11
6.25	100m	U13 & Above
6.50	800m	U13 & Above
7.10	400m	U17M, U20 & Above
7.20	300m	U15 & Above
7.30	600m	U11
7:35	600m	U13 & Above
7.45	150m	U11
7.55	200m	U13 & Above
8.10	1 Mile	U13 & Above

There are no BMC races in the September Open Meeting

Field Three trials for U11 and U13. Four trials for U15 & Above.

6.20	Turbo Javelin	U11
6.30	Long Jump	U11 & U13
6.50	Shot (U11 2kg)	U11 & U13
7.00	High Jump	U13 & Above
7.15	Long Jump	U15 & Above
7.15	Javelin	U13 & Above
7.45	Shot	U15 & Above

Notes

Entry in advance only: www.exeterharriers.org.uk/exeter-open-competitions-9000

1. **Closing date:** Midnight, Saturday September 21st.
2. **Age groups:** Ages as on 31st August 2024
3. **Maximum of 3 events.**
4. **Entry fee is £12** which is payable through the online entry form. (No BACS payments)
5. **Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.

Summer Lane, Exeter, Devon. EX4 8NT Telephone No. 01392 460960
www.exeterharriers.org.uk